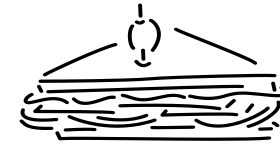


Winston Day Camp 2010 Lunch Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Weeks 1,3,5,7,	Chicken Mondays! Chicken Nuggets Salad Bar Cookies Fresh Fruit	Pasta Tuesdays! Baked Ziti Garlic Bread Salad Bar Fresh Fruit	Fiesta Wednesdays! Chicken Tortilla Salad (Grilled Chicken Strips, Lettuce & Salsa served in a Tortilla Shell) Salad Bar Cookies & Fresh Fruit	Dog Day Thursdays! Beef Hot Dogs Potato Chips Salad Bar Fresh Fruit Cookies	Pizza Fridays! Pizza Salad Bar Cookies Fresh Fruit
Weeks 2,4,6,8	Chicken Mondays! Chicken Nuggets Salad Bar Cookies Fresh Fruit	Pasta Tuesdays! Elbow Macaroni Sauce Garlic Bread Salad Bar Cookies Fresh Fruit	Finger Lickin' Wednesdays! Finger Lickin' Chicken Sandwich (Chicken Patty on a Bun with American Cheese) Salad Bar Fresh Fruit/Cookies	Flap Jack Thursdays! Pancakes Turkey Bacon Salad Bar Cookies Fresh Fruit	Pizza Fridays! Pizza Salad Bar Cookies Fresh Fruit
All weeks	Substitute: Sliced Turkey Bagels, Butter, Cream Cheese, Jelly or American Cheese.	Substitute: Sliced Turkey Bagels, Butter, Cream Cheese, Jelly or American Cheese.	Substitute: Sliced Turkey Bagels, Butter, Cream Cheese, Jelly or American cheese.	Substitute: Bagels, Butter, Cream Cheese, Jelly or American Cheese.	Substitute: Bagels, Butter, Cream Cheese, Jelly or American Cheese.

BEVERAGES : FRUIT PUNCH MILK ICE TEA WATER

Special Dietary needs can be accommodated with pre-arranged notice.
Sandwiches, snacks and beverages will be provided on all off -camp trips
Menu subject to change without notice.
Winston is a peanut- free camp.

